



Our Mission is to introduce and sustain healthy living concepts marketed at the Market Place (TMP™) We pride ourselves on providing the freshest selection of fresh pressed juices, salads, sandwiches and other fine quick picks to satisfy all pallets. Our promise is to build bridges with our love of healthy food educating one person at a time. Fulfilling the need of Convenience...Naturally

21 Brownstone Way,
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BREAKFAST

We do custom breakfast requests with advance notice

Muffins, Scones, Croissants and other baked goods

Tmp Greek yogurt Parfait
Assorted Fruit Cups & Bowls
Organic teas
Organic Coffee by the box

SANDWICHES AND WRAPS

Honey Roasted Turkey & Cheddar with Apricot Horseradish & Dijon Spread

Perfectly Seasoned Grilled Chicken Breast and Aged Cheddar

Chopped Grilled Chicken tossed with Cilantro Mayo and Diced Celery

Albacore Tuna tossed with Herb Mayo and Diced Celery

Grilled Aged Cheddar Sandwich served on your choice of Gourmet Bread

Choice of bread: Whole Wheat Pullman, Levain Pullman, Seven- Grain Pullman

STARTERS

Starters healthy starters perfect to share
Each serves 7-10 people

Fruit Salad Bowl- Big bowl of seasonal fresh cut fruit \$52.99 (seasonal fruits)
Lemon Hummus + Multi grain \$39.99
Coleslaw \$19.95

SIDE SALADS

Each serves 7-10 people
Garden Vegetable- \$30.99
Mozzarella Tomato- \$30.99

GROUP SIZE CHEF SALADS

Any choice of chef designed salad perfect to share each serves 7-10 people

Group size Kale and Spinach Chicken Cesar Salad with Parmesan and Croutons \$41.99

Group sized Goat cheese & Cranberry Mesclun Salad with Candied Pecans \$41.99

SANDWICH WRAP BOXES

Deluxe- Grilled Chicken, Honey Roasted Turkey, Grilled Vegetable \$70.00

Assorted- Honey Roasted Turkey, Cobb, Chicken Salad, Grilled Vegetable, Tuna Salad(4 kinds) \$70.00

COOKIE BASKETS

Assorted Gourmet Cookies \$33.00

WORKING LUNCH

5 assorted sandwiches, served in half portions. With TMP chopped Garden Vegetable Salad. (serves 7-10 ppl) Also served with additional option of assorted cookie platter \$14.95 per person *add chicken for additional charge

POWER LUNCH

5 assorted sandwiches, served in half portions. With choice of TMP chopped salads. *Kale and Spinach Cesar Salad with Parmesan and Croutons

Group sized Goat cheese & Cranberry Mesclun Salad with Candied Pecans (serves 7-10 ppl) Also served with additional option of assorted cookie platter \$16.95 per person *add chicken for additional charge

EXECUTIVE LUNCH

5 assorted sandwiches, served in half portions. With choice of TMP chopped salads. *Kale and Spinach Chicken Cesar Salad with Parmesan and Croutons

Group sized Goat cheese & Cranberry Mesclun Salad with Candied Pecans (serves 7-10 ppl) Also served with additional option of assorted cookie platter \$17.95 per person

SIDES

Ask about our daily selection of health bars, natural chips, natural treats